

IMPACT TESTING

Basic Information

This computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set-up in “video game” type format and takes about 20-45 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be asked to repeat the testing for comparison purposes. ImPACT testing is used to help determine the severity of head injury and when the injury has fully healed.

Instructions for Completing Baseline Testing

Each athlete may now take his/her concussion testing on any computer with the internet. However, it must have a mouse. The athlete should be in a quiet and non-distracting setting. Testing takes approximately 20-45 minutes to complete. To complete testing:

Please go to: www.impacttestonline.com/schools

- Select Pennsylvania
- Launch Baseline Test
- Enter Code: RNRD8T5SNY (Make sure pop-up blocker is off)
- Launch Baseline Test
- Follow instructions on test and complete all 6 modules
- When you’ve completed all of the modules, the system automatically saves the results.
- If you have any questions or concerns, please email me at marla_smith@wasdpa.org

Please complete the ImPACT testing **as soon as possible**.

Thank you,

Marla Smith LAT, Med
Athletic Trainer
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